NOV

CO-OP EVENTS & DELI MENU

subject to change

SUN	MON	TUES	WED	THURS	FRI	SAT
1 Chef's Choice	**2** Chicken Gumbo Tofu Gumbo vgn Brown Rice vgn ng	**3** ELECTION DAY SAVE! Co+ Beef Taco ng Bean & Veg Taco vgn ng Mexican Rice vgn ng	**4** LEARN GRAD RESEARCH NIGHT: 6 PM, FREE Thanksgiving on the Hot Bar, One Last Time! BBQ Chicken Breasts ng BBQ Tofu vgn ng Texas Style Beans vgn ng Brown Rice vgn ng	**5** Penne w/ Chkn Andouille Creole Beans vgn ng	**6** BEV & CHEESE SAMPLES, 4-6 PM Thanksgiving Hot Bar Turkey Meatloaf Tofurky Ham vgn Mashed Potatoes vgt ng Mushroom Gravy vgn ng Maple Glzd Yams vgn ng Stuffing vgn Cranberry Sauce vgn ng	**7** CLOTHING SWAP 4-6 PM Chef's Choice
8 2NDHAND SUN: FREE THRIFT, 11 AM-1 PM Chef's Choice	**9** Sweet N' Sour Chkn ng Sweet N' Sour Veg vgn ng White Rice vgn ng	**10** Mongolian Chicken ng Hunan Tofu w/ Brocli vgn White Rice vgn ng	**11** VETERANS DAY Cheesy Chicken & Rice Tofu Buttrnut Stew vgn ng Herb Rstd Potato vgn ng	**12** RSVP ONLINE: INDIGENOUS KNOWLEDGE & REGEN AGRICULTURE, 6PM Meat & Cheese Lasagna Tempeh Goulash vgn ng Brsd Grns & Beans vgn ng	**13** BEV & CHEESE SAMPLES, 4-6 PM Thanksgiving Hot Bar Turkey Meatloaf Tofurky Ham vgn Mashed Potatoes vgt ng Mushroom Gravy vgn ng Maple Glzd Yams vgn ng Stuffing vgn Cranberry Sauce vgn ng	**14** FRIENDSGIVING SAMPLE DAY 11 AM-1 PM Chef's Choice
15 HOUSE MADE Chef's Choice	**16** Chicken A La King ng Columbian Lentils vgn ng	**17** SAVE! Co+ Baked Chkn Enchilada Green Enchilada Pie vgt Black Beans & Rice vgn ng	**18** B Swedish Meatballs Mashed Potatoes vgt ng Tofu in Roasted Red Pepper Sauce vgn ng	**19** Lemon Dill Chicken Veggie Harvest Bake vgt Roasted Yams vgn ng	**20** BEV & CHEESE SAMPLES, 4-6 PM Thanksgiving Hot Bar Turkey Meatloaf Tofurky Ham vgn Mashed Potatoes vgt ng Mushroom Gravy vgn ng Maple Glzd Yams vgn ng Stuffing vgn Cranberry Sauce vgn ng	**21** COFFEE WITH THE BOARD 10 AM Chef's Choice
22 Chef's Choice SOUPS DAILY	**23** Thanksgiving Hot Bar Turkey Meatloaf Tofurky Ham vgn Mashed Potatoes vgt ng Mushroom Gravy vgn ng Maple Glzd Yams vgn ng Stuffing vgn Cranberry Sauce vgn ng	**24** Thanksgiving Hot Bar Turkey Meatloaf Tofurky Ham vgn Mashed Potatoes vgt ng Mushroom Gravy vgn ng Maple Glzd Yams vgn ng Stuffing vgn Cranberry Sauce vgn ng	**25** STORE OPEN REGULAR HOURS Thanksgiving Hot Bar Turkey Meatloaf Tofurky Ham vgn Mashed Potatoes vgt ng Mushroom Gravy vgn ng Maple Glzd Yams vgn ng Stuffing vgn Cranberry Sauce vgn ng	**26** STORE CLOSED GIVE THANKS!	**27** Shoyu Chicken Thai Buttrnut Curry vgn ng White Rice vgn ng	**28** small business SATURDAY ENJOY COFFEE & CIDER WHILE YOU SHOP LOCAL! Chef's Choice
29 Chef's Choice	**30** Sweet N' Sour Chkn ng Sweet N' Sour Veg vgn ng White Rice vgn ng					

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