

SUN

MON

TUES

WED

THURS

FRI

SAT

MAY

STORE EVENTS & DELI MENU

subject to change

SAVE!

WELLNESS WHENEVER

Member-Owners and Student Members save 15% on one Supplement/ Body Care shopping trip during February.

learn more >>>
wheatsfield.coop/savings

SUN	MON	TUES	WED	THURS	FRI	SAT
						<p>1 MAY DAY</p> <p>tuna noodle supreme vegan mac & cheese</p>
<p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>	<p>3</p> <p>thai tempeh vgn ng chicken curry rice</p>	<p>4</p> <p>baked chicken enchiladas bean & veggie enchiladas vgn rice veg of the day</p>	<p>5</p> <p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>	<p>6</p> <p>thai tempeh vgn ng chicken curry rice</p>	<p>baked chicken enchiladas bean & veggie enchiladas vgn rice veg of the day</p>	<p>8 WORLD FAIR TRADE DAY</p> <p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>
<p>9 MOTHER'S DAY</p> <p>baked chicken enchiladas bean & veggie enchiladas vgn rice veg of the day</p>	<p>10</p> <p>tuna noodle supreme vegan mac & cheese</p>	<p>11</p> <p>lasagna florentine tofu butternut squash vgn ng rice</p>	<p>12</p> <p>BBQ chicken ng BBQ tofu vgn ng baked beans vgn ng garlic mashed potatoes vgn & ng available</p>	<p>13 14 15 3 DAY BULK</p> <p>tuna noodle supreme vegan mac & cheese</p> <p>lasagna florentine tofu butternut squash vgn ng rice</p> <p>SAVE 15%</p>		<p>15</p> <p>tuna noodle supreme vegan mac & cheese</p>
<p>16</p> <p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>	<p>17</p> <p>thai tempeh vgn ng chicken curry rice</p>	<p>18 \$5 DINNER</p> <p>sandwiches, & hot soup</p>	<p>19 B</p> <p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>	<p>20</p> <p>thai tempeh vgn ng chicken curry rice</p>	<p>21</p> <p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>	<p>22 B</p> <p>baked chicken enchiladas bean & veggie enchiladas vgn rice veg of the day</p>
<p>23</p> <p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>	<p>24</p> <p>lasagna florentine tofu butternut squash vgn ng rice</p>	<p>25</p> <p>baked chicken enchiladas bean & veggie enchiladas vgn rice veg of the day</p>	<p>26</p> <p>tuna noodle supreme vegan mac & cheese</p>	<p>27</p> <p>lasagna florentine tofu butternut squash vgn ng rice</p>	<p>28</p> <p>baked chicken enchiladas bean & veggie enchiladas vgn rice veg of the day</p>	<p>29</p> <p>tuna noodle supreme vegan mac & cheese</p>
<p>30</p> <p>chicken, broccoli, cheesy pasta vegan mac & cheese vgn</p>	<p>31 MEMORIAL DAY</p> <p>lasagna florentine tofu butternut squash vgn ng rice</p>	<p>DAILY SOUPS PIZZA HOT SANDWICHES vgt vgn ng options</p> <p>ng made w/o gluten vgt vegetarian vgn vegan</p>				<p>BREAKFAST! 8-11AM DAILY!</p>