

SUN

MON

TUES

WED

THURS

FRI

SAT

JULY

STORE EVENTS & DELI MENU

subject to change

SAVE!

WELLNESS DISCOUNT
Member-Owners and Student Members save 15% on one supplement and body care shopping trip during July 2020!

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wheatsfield.coop/savings

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 greek meatballs masked potatoes ng veg of the day vgn ng	2 roasted chicken ng three cheese polenta veg of the day vgn ng chana masala vgn ng rice & veg of the day vgn ng	3 greek meatballs masked potatoes ng veg of the day vgn ng indian creamed spin. ng roasted yams vgn ng	4 JULY 4TH HOURS: 10AM - 6PM lasagna veg of the day vgn ng bbq tofu vgn ng veg of the day vgn ng
5 lasagna veg of the day vgn ng bbq tofu vgn ng veg of the day vgn ng	6 turkey meatloaf mashed potatoes ng veg of the day vgn ng roasted veg & pasta with marinara vgn	7 chckn & shrimp gumbo ng tofu gumbo rice & veg-o-day vgn ng	8 turkey meatloaf mashed potatoes ng veg of the day vgn ng roasted veg & pasta with marinara vgn	9 chckn & shrimp gumbo ng tofu gumbo rice & veg-o-day vgn ng	10 turkey meatloaf mashed potatoes ng veg of the day vgn ng roasted veg & pasta with marinara vgn	11 chckn & shrimp gumbo ng tofu gumbo rice & veg-o-day vgn ng
12 chckn & shrimp gumbo ng tofu gumbo rice & veg-o-day vgn ng	13 southwest mac&cheese vegan mac&cheese vgn veg of the day vgn ng	14 lasagna veg of the day vgn ng bbq tofu vgn ng veg of the day vgn ng	15 southwest mac&cheese vegan mac&cheese vgn veg of the day vgn ng	16 NOON DEADLINE FOR SALE CASE PREORDERS lasagna veg of the day vgn ng bbq tofu vgn ng veg of the day vgn ng	17 southwest mac&cheese vegan mac&cheese vgn veg of the day vgn ng	18 pasta with chicken & andouille sausage veg of the day vgn ng vegan mac&cheese vgn veg of the day vgn ng
19 pasta with chicken & andouille sausage veg of the day vgn ng vegan mac&cheese vgn veg of the day vgn ng	20 greek meatballs masked potatoes ng veg of the day vgn ng indian creamed spin. ng roasted yams vgn ng	21 DOUBLE DEAL TUESDAY! roasted chicken ng three cheese polenta veg of the day vgn ng chana masala vgn ng rice & veg of the day vgn ng	22 greek meatballs masked potatoes ng veg of the day vgn ng indian creamed spin. ng roasted yams vgn ng	23 roasted chicken ng three cheese polenta veg of the day vgn ng chana masala vgn ng rice & veg of the day vgn ng	24 greek meatballs masked potatoes ng veg of the day vgn ng indian creamed spin. ng roasted yams vgn ng	25 pasta with chicken & andouille sausage veg of the day vgn ng vegan mac&cheese vgn veg of the day vgn ng
26 pasta with chicken & andouille sausage veg of the day vgn ng vegan mac&cheese vgn veg of the day vgn ng	27 turkey meatloaf mashed potatoes ng veg of the day vgn ng roasted veg & pasta with marinara vgn	28 chckn & shrimp gumbo ng tofu gumbo rice & veg-o-day vgn ng	29 turkey meatloaf mashed potatoes ng veg of the day vgn ng roasted veg & pasta with marinara vgn	30 NOON DEADLINE FOR SALE CASE PREORDERS chckn & shrimp gumbo ng tofu gumbo rice & veg-o-day vgn ng	31 turkey meatloaf mashed potatoes ng veg of the day vgn ng roasted veg & pasta with marinara vgn	