

Department	Brand	Description	Size	Sale Retail	Regular Retail	Percent off	\$OFF
Beer & Wine	Milestone	Milestone Chardonnay	750 ml	5.49	11.39	52%	5.90
Beer & Wine	Milestone	Blackstone Merlot	750 ml	5.49	10.39	47%	4.90
Beer & Wine	Milestone	1 case Chardonnay	1 cs	59.29	136.68	57%	77.39
Beer & Wine	Milestone	1 case Merlot	1 cs	59.29	124.68	52%	65.39
Beer & Wine	Potosi	Potosi 12pk Sampler	12 pk	9.99	16.99	41%	7.00
Beer & Wine	Ravage	Red Blend	750 ml	6.99	11.99	42%	5.00
Beer & Wine	Ravage	Cabernet Sauvignon	750 ml	6.99	11.99	42%	5.00
Beer & Wine	Ravage	1 case (6pk) Ravage wine	1 cs	39.99	71.99	44%	32.00
Beer & Wine	Toppling Goliath	Hopsmack	22 oz	3.99	11.99	67%	8.00
Beer & Wine	Toppling Goliath	1 case Hopsmack	12 ea	45.00	143.88	69%	98.88
Bulk	Equal Exchange	Wheatfield Blend	5 lb. bag	29.99	34.95	14%	4.96
Bulk		Organic Roasted Salted Pistachios	per lb.	7.49	11.99	38%	4.50
Bulk		Organic Rolled Oats	25 lb bag	22.99	34.75	34%	11.76
Bulk		Organic Pinto Beans	per lb.	1.49	2.19	32%	0.70
Bulk		Organic Pumpkin Seeds	per lb.	2.99	4.39	32%	1.40
cheese	Sartori	Parmesan Shreds	per lb.	6.69	9.89	32%	3.20
cheese	Valley View	Pepper Jack	per lb.	4.49	7.29	38%	2.80
cheese	Valley View	Whole Milk Mozzarella	per lb.	3.49	6.29	45%	2.80
Frozen	Cascadian	Organic Cherry Berry Blend	32 OZ	7.69	9.99	23%	2.30
Frozen	Cascadian	Organic Blueberries	28 OZ	7.69	9.99	23%	2.30
Frozen	Cascadian	Organic Cherries	32 OZ	7.69	9.99	23%	2.30
Frozen	Cascadian	Organic Strawberries	32 OZ	7.69	9.99	23%	2.30
Grocery	4505 Chicharonnes	Smokehouse BBQ Pork Rinds	2.5 oz	2.79	4.69	41%	1.90
Grocery	4505 Chicharonnes	Chili and Salt Pork Rinds	2.5 oz	2.79	4.69	41%	1.90
Grocery	Annie's	Classic Mac And Cheese	6 oz	0.95	1.79	47%	0.84
Grocery	Annie's	Shells And White Cheddar	6 oz	0.95	1.79	47%	0.84
Grocery	Annie's	Organic Shells & Real Cheddar	6 oz	\$0.95	1.79	47%	0.84
Grocery	Annie's	Organic Honey Graham Cracker	14.4 oz	2.99	4.79	38%	1.80
Grocery	Back To Nature	Classic Rounds Crackers	8.5 oz	2.19	3.99	45%	1.80
Grocery	Back To Nature	Crispy Wheat Crackers	8 oz	2.19	3.99	45%	1.80
Grocery	Back To Nature	Harvest Wheat Crackers	8.5 oz	2.19	3.99	45%	1.80
Grocery	Barbara's	Original Cheese Puffs	7 oz	1.79	2.99	40%	1.20
Grocery	Bionaturae	Organic Fusilli	16 oz	1.69	2.99	43%	1.30
Grocery	Bionaturae	Organic Penne Rigate	16 oz	1.69	2.99	43%	1.30
Grocery	Bionaturae	Organic Spaghetti	16 oz	1.69	2.99	43%	1.30
Grocery	Blue Sky	Dr Becker Soda	6/12 oz	1.79	3.99	55%	2.20
Grocery	Blue Sky	Ginger Ale	6/12 oz	1.79	3.99	55%	2.20
Grocery	Blue Sky	Natural Root Beer	6/12 oz	1.79	3.99	55%	2.20
Grocery	Cascade Ice	Water Sparkling Pomegranate	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Black Raspberry	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Blueberry	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Citrus	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Grapefruit	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Lemon Lime	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Mixed Berry	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Orange Mango	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascade Ice	Water Sparkling Raspberry Lemonade	17.2 oz	0.59	1.69	65%	1.10
Grocery	Cascadian	Raisin Bran	12 oz	2.69	3.79	29%	1.10
Grocery	Cascadian	Honey Nut O's	9.5 oz	2.69	3.79	29%	1.10
Grocery	Cascadian	Fruitful O's	10.2 oz	2.69	3.79	29%	1.10
Grocery	Cascadian	Honey Oat Granola	16 oz	2.69	3.79	29%	1.10
Grocery	Cascadian	Organic Peanut Pretzel Sweet & Salty Bar	6.2 OZ	2.99	3.99	25%	1.00
Grocery	Chocolove	Dark Chocolate Almond Sea Salt Bar	3.2 oz	1.79	2.99	40%	1.20
Grocery	Clif	Assorted Clif Bars	2.4 oz	1.00	1.19	16%	0.19
Grocery	Dang	Caramel Sea Salt Coconut Chip	3.17OZ	2.49	3.99	38%	1.50
Grocery	Dang	Original Coconut Chip	3.17OZ	2.49	3.99	38%	1.50
Grocery	Dang	Chocolate Sea Salt Coconut Chip	2.82 OZ	2.49	3.99	38%	1.50
Grocery	Endangered Species	Extreme Dark Chocolate Panther Bar	3 oz	1.79	2.99	40%	1.20
Grocery	Epic	Bacon Cranberry Bison Bar	1.3 OZ	1.69	2.99	43%	1.30
Grocery	Epic	Smoked Salmon Bar	1.3 OZ	1.69	2.99	43%	1.30
Grocery	Epic	Sea Salt & Pepper Venison Bar	1.5 OZ	1.69	2.99	43%	1.30
Grocery	Epic	Sriracha Chicken Bar	1.5 OZ	1.69	2.99	43%	1.30
Grocery	Field Day	Light Skipjack Tuna	5 OZ	1.59	1.99	20%	0.40
Grocery	Field Day	Organic Maple Syrup	32 oz	15.99	19.99	20%	4.00
Grocery	Food Should Taste Good	Sweet Potato Chips	5.5 oz	1.69	2.99	43%	1.30
Grocery	Garden Of Eatin	Blue Corn Chips	16 oz	2.49	4.49	45%	2.00
Grocery	Garden Of Eatin	Red Hot Blues Chips	16 oz	2.49	4.49	45%	2.00
Grocery	Gimme 1	Seaweed Snack Teriyaki	12/.35 oz	15.49	26.28	41%	10.79
Grocery	Gimme 1	Seaweed Snack Sea Salt	12/.35 oz	15.49	26.28	41%	10.79
Grocery	Gimme 1	Seaweed Snack Sesame	12/.35 oz	15.49	26.28	41%	10.79
Grocery	Go Macro	Bar Peanut Butter Chocolate Chip	2.5 oz	1.69	2.99	43%	1.30
Grocery	Honest Tea	Black Forest Berry Tea	16 oz	0.79	1.99	60%	1.20

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Grocery	Honest Tea	Just Green Tea	16 oz	0.79	1.99	60%	1.20
Grocery	Honest Tea	Mango White Tea	16 oz	0.79	1.99	60%	1.20
Grocery	Honest Tea	Peach Oo La Long Tea	16 oz	0.79	1.99	60%	1.20
Grocery	Iliada	Extra Virgin Olive Oil	3 ltr	25.99	50.99	49%	25.00
Grocery	Iliada	Extra Virgin Olive Oil	1 ltr	\$7.99	17.69	55%	9.70
Grocery	Jackson's Honest	Sweet Potato Chips	5 oz	2.39	3.69	35%	1.30
Grocery	Jackson's Honest	Sea Salt Potato Chips	5 oz	2.39	3.69	35%	1.30
Grocery	Karma Wellness Water	Probiotic Berry Cherry	18 oz	0.99	2.99	67%	2.00
Grocery	Karma Wellness Water	Probiotic Blueberry Lemonade	18 oz	0.99	2.99	67%	2.00
Grocery	Karma Wellness Water	Probiotic Kiwi Melon	18 oz	0.99	2.99	67%	2.00
Grocery	Karma Wellness Water	Probiotic Strawberry Lemonade	18 oz	0.99	2.99	67%	2.00
Grocery	Karma Wellness Water	Probiotic Tropical Coconut	18 oz	0.99	2.99	67%	2.00
Grocery	Koyo	Ramen Asian Veg	12/2.1 oz	7.49	14.28	48%	6.79
Grocery	Koyo	Raman Shiitake Mushroom	12/2.1 oz	7.49	14.28	48%	6.79
Grocery	Koyo	Ramen Tofu & Miso	12/2.1 oz	7.49	14.28	48%	6.79
Grocery	Lara Bars	Blueberry Muffin	1.6 oz	0.89	1.69	47%	0.80
Grocery	Lara Bars	Chocolate Coconut	1.6 oz	0.89	1.69	47%	0.80
Grocery	Lara Bars	Lemon	1.6 oz	0.89	1.69	47%	0.80
Grocery	Lara Bars	Pecan Pie	1.6 oz	0.89	1.69	47%	0.80
Grocery	Lara Bars	Peanut Butter Chocolate Chip	1.6 oz	0.89	1.69	47%	0.80
Grocery	Lara Bars	Apple Pie Bar	1.6 oz	0.89	1.69	47%	0.80
Grocery	Muir Glen	Organic Regular Tomato Sauce	15 oz	0.99	1.99	50%	1.00
Grocery	Muir Glen	Organic Fire Roasted Crushed Tomatoes	14.5 oz	0.99	1.99	50%	1.00
Grocery	Muir Glen	Organic Unsalted Diced Tomatoes	14.5 oz	0.99	1.99	50%	1.00
Grocery	Muir Glen	Organic Diced Tomatoes	28 oz	1.69	2.99	43%	1.30
Grocery	Muir Glen	Organic Diced Fire Roasted Tomatoes	28 oz	1.69	2.99	43%	1.30
Grocery	Navitas	Organic Cacao Powder	8 oz	5.69	9.69	41%	4.00
Grocery	Newman's Own	Spelt Pretzels	7 oz	1.99	3.39	41%	1.40
Grocery	Once Again	Unsalted Crunchy Almond Butter	16 oz	7.49	11.19	33%	3.70
Grocery	Sage Valley	Corn Chips	9 oz	2.49	4.39	43%	1.90
Grocery	Seventh Generation	Bath Tissue	12 ct	5.99	8.99	33%	3.00
Grocery	Seventh Generation	Paper Towels	1 roll	1.99	2.49	20%	0.50
Grocery	Tanka Bar	Buffalo Meat With Cranberries	1 oz	1.79	2.99	40%	1.20
Grocery	Vita Coco	Pure	500ml	1.69	2.99	43%	1.30
Grocery	Vita Coco	Pineapple	500ml	1.69	2.99	43%	1.30
Grocery	Vita Coco	Lemonade	500ml	1.69	2.99	43%	1.30
Grocery	Vita Coco	Mango Peach	500ml	1.69	2.99	43%	1.30
Grocery	Westbrae	Organic Garbanzo Beans	15 oz	1.49	2.39	38%	0.90
Grocery	Westbrae	Organic Black Beans	15 oz	1.49	2.39	38%	0.90
Grocery	Westbrae	Organic Chili Beans	15 oz	1.49	2.39	38%	0.90
Grocery	Wholesome	DelishFish	6 oz	2.49	4.39	43%	1.90
Grocery	Wholesome	Cinnamon Bears	6 oz	2.49	4.39	43%	1.90
Grocery	Woodstock	Yellow Mustard	8 oz	1.79	3.39	47%	1.60
Grocery	Woodstock	Bread and Butter Pickles	24 oz	3.19	5.99	47%	2.80
Grocery	Woodstock	Kosher Dill Pickles	24 oz	3.19	5.99	47%	2.80
Grocery	Woodstock	Ketchup	32 oz	2.99	5.99	50%	3.00
Grocery	Yum Earth	Black Licorice	5 oz	2.39	3.99	40%	1.60
Grocery	Yum Earth	Peach Licorice	5 oz	2.39	3.99	40%	1.60
Grocery	Zevia	Cola	6/12 oz	2.99	5.99	50%	3.00
Grocery	Zevia	Grape Sodas	6/12 oz	2.99	5.99	50%	3.00
Meat	Thousand Hills	80/20 Ground Beef	16 oz	4.99	6.69	25%	1.70
Meat	Thousand Hills	Beef Marrow Bones	per lb.	3.99	6.99	43%	3.00
Meat	Thousand Hills	Beef Tenderloin	6 oz	9.99	16.99	41%	7.00
Meat	Thousand Hills	Beef Hot Dogs	12 oz	5.99	7.99	25%	2.00
Produce		Organic Raspberries	6 oz	3.00	5.00	40%	2.00
Produce		Organic Strawberries	1 lb.	3.50	4.99	30%	1.49
Produce		Organic Red Grapes	per lb.	1.99	3.99	50%	2.00
Produce		Organic Raspberry Case	12 ea.	30.00	59.88	50%	29.88
Produce		Organic Strawberry Case	8 lb.	25.00	39.92	37%	14.92
Produce		Organic Red Grape Case	18 lb.	35.00	71.82	51%	36.82
Refrigerated	Siggi's	Peach Mango	4.4 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Strawberry	5.3 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Peach	5.3 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Lemon Triple Cream	4 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Raspberry Triple Cream	4 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Lingonberry & Strawberry	5.3 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Blueberry	4.4 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Strawberry Rhubarb	4.4 oz	0.99	1.69	41%	0.70
Refrigerated	Siggi's	Mixed Berry Acai	5.3 oz	0.99	1.69	41%	0.70
wellness	Acure	Curiously Clarifying Conditioner	12oz	4.49	8.99	50%	4.50
wellness	Acure	Mega Moisture Conditioner	12oz	4.49	8.99	50%	4.50
wellness	Acure	Curiously Clarifying Shampoo	12oz	4.49	8.99	50%	4.50

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wellness	Acure	Mega Moisture Shampoo	12oz	4.49	8.99	50%	4.50
wellness	Alaffia	Coconut Body Wash	32 oz	6.99	9.99	30%	3.00
wellness	Alaffia	Coconut Body Lotion	32 oz	6.99	9.99	30%	3.00
wellness	Alaffia	Lavender Body Lotion	32 oz	6.99	9.99	30%	3.00
wellness	Alba	Hawaiian SPF 45 Sunscreen	4oz	5.49	9.99	45%	4.50
wellness	Alba	Lavender SPF 45 Sunscreen	4 oz	5.49	9.99	45%	4.50
wellness	All Terrain	Herbal Armor Bug Spray	4 oz	4.99	8.19	39%	3.20
wellness	Country Life	Core Daily 1 Men's Multi	60 tabs	10.49	20.39	49%	9.90
wellness	Country Life	Core Daily 1 Women's Multi	60 tabs	10.49	20.39	49%	9.90
wellness	Dr. Bronners	Citrus Castile Liquid Soap	16oz	4.99	9.99	50%	5.00
wellness	Dr. Bronners	Almond Castile Liquid Soap	16oz	4.99	9.99	50%	5.00
wellness	Dr. Bronners	Baby Mild Castile Liquid Soap	16oz	4.99	8.99	44%	4.00
wellness	Dr. Bronners	Lavender Castile Liquid Soap	16oz	4.99	9.99	50%	5.00
wellness	Dr. Bronners	Peppermint Castile Liquid Soap	16oz	4.99	9.99	50%	5.00
wellness	Giovanni	Tea Tree Triple Treat Shampoo	8.5 oz	4.49	7.99	44%	3.50
wellness	Giovanni	Tea Tree Triple Treat Conditioner	8.5 oz	4.49	7.99	44%	3.50
wellness	Nature's Gate	Herbal Shampoo	18 oz	4.39	7.99	45%	3.60
wellness	Nature's Gate	Herbal Conditioner	18 oz	4.39	7.99	45%	3.60
wellness	Nature's Gate	Hemp Shampoo	18 oz	4.39	7.99	45%	3.60
wellness	Nature's Gate	Hemp Conditioner	18 oz	4.39	7.99	45%	3.60
wellness	Nordic	Omega-3 Fish Oil	60 softgels	9.99	18.39	46%	8.40
wellness	Nutiva	Organic Hemp Protein	16 oz	9.99	16.99	41%	7.00
wellness	South of France	Green Tea Bar Soap	6 oz	2.19	4.19	48%	2.00
wellness	South of France	Lavender Bar Soap	6 oz	2.19	4.19	48%	2.00
wellness	South of France	Lemon Verbena Bar Soap	6 oz	2.19	4.19	48%	2.00
wellness	South of France	Gardenia Bar Soap	6 oz	2.19	4.19	48%	2.00
wellness	South of France	Shea Butter Bar Soap	6 oz	2.19	4.19	48%	2.00
wellness	Spectrum	Organic Chia Seeds	12 oz	6.99	12.99	46%	6.00
wellness	Spectrum	Flax seed, ground, organic	12 oz	3.99	7.99	50%	4.00
wellness	Tera's	Vanilla Whey Protein	12 oz	11.49	18.99	39%	7.50
wellness	Tera's	Dark Chocolate Whey Protein	12 oz	11.49	18.99	39%	7.50
wellness	Tom's	Peppermint Whitening Toothpaste	5.5 oz	3.39	4.99	32%	1.60
wellness	Tom's	Sensitive Toothpaste	4 oz	3.39	4.99	32%	1.60
wellness	Tom's	Simply White Toothpaste	4.7 oz	3.39	4.99	32%	1.60
wellness	Tom's	Toothpaste, Cinnamon clove	4.7 oz	3.39	4.99	32%	1.60